

SPONSOR AND SAINT NAME REFLECTIONS

Guidelines

1. Sponsor and saint name reflections should be typed on a separate paper.
2. These should be emailed into your small group leader for review and to the Confirmation Coordinator at christcathedralyouth@gmail.com. On the subject line, please put what confirmation year you are in, your name, and sponsor reflection or saint reflection.
Example: Year 1 (or 2) – Carlo Acutis' Sponsor Reflection or Year 1 (or 2) – Carlo Acutis' Saint Reflection.
3. Please make sure to write your name and the name of your small group leader(s) at the top of your paper.

Sponsor Reflection

Type a half page reflection answering the following questions:

1. What is your Sponsor's name?
2. How do you know him/her? What is your relationship like?
3. What qualities does he/she possess that you admire?
4. Why did you ultimately decide to ask him/her to be your Sponsor?
5. How do you think he/she will help you to grow in your faith?

Saint Name Reflection

Type a half page reflection answering the following questions:

1. What saint name have you decided to take for your Confirmation?
2. Why do we, as Catholics, take the name of a canonized saint or a person who is beatified as blessed when we receive the Sacrament of Confirmation? (If you don't know, look it up.)
3. When was the Blessed/Saint born? Date beatified or canonized?
4. Write about the Blessed/Saint's life, and his/her patronage? (Example: Saint Sebastian is the PATRON Saint of Athletes).
5. What are some challenges or struggles the Blessed/Saint faced/overcame in their life?
6. Are there any miracles associated with them?
7. How does the Blessed/Saint inspire you?
8. What are some qualities you admire about the Blessed/Saint and what qualities do you hope to imitate in your own life?
9. How can you allow the Blessed/Saint you chose to continue to inspire you throughout your life?